

evial- 400

Each Softgel capsule contains:

TocopherolIP.....400mg

Excipients.....q.s.

Clinical Pharmacology:

Vitamin E (tocopheryl acetate) acts as a lipid-soluble antioxidant, neutralizing free radicals, protecting cell membranes from oxidative damage, and modulating inflammation and immune responses, thereby supporting overall cellular health.

Indications: Muscle

Health

Effectively relieves leg cramps and protects muscles from damage caused by exercise.

Skin Health

Protects your skin from damage due to sunburn.

Hair Health

Supports the microcirculation and oxygenation of the scalp.

Contraindications:

- **Hypersensitivity:** Known allergy or hypersensitivity to tocopheryl acetate or any component of the formulation.
- **Bleeding Disorders:** Caution in individuals with bleeding disorders or those on anticoagulant therapy, as high doses of Vitamin E may exacerbate bleeding risks.
- **Severe Liver Disease:** In severe liver impairment, high doses of Vitamin E may require caution due to potential altered metabolism.

Precautions and Caution

- **Bleeding Risk:** Use with caution in individuals with bleeding disorders or those taking anticoagulants, as high doses of Vitamin E can increase the risk of bleeding.
- **Dosage Limits:** Adhere to recommended dosages to avoid potential adverse effects associated with excessive Vitamin E intake.
- **Liver Function:** In individuals with liver disease, monitor for any potential changes in Vitamin E metabolism and adjust dosage as needed.

- **Pregnancy and Lactation:** While Vitamin E is essential during pregnancy and breastfeeding, high doses should be avoided. Consult with a healthcare provider for safe supplementation levels.
- **Gastrointestinal Issues:** If experiencing gastrointestinal symptoms such as nausea or diarrhea, consider reducing the dose or discontinuing use, and consult a healthcare provider.
- **Regular Monitoring:** For long-term use, regular monitoring may be necessary to check for any adverse effects or interactions with other treatments.

Drug Interactions:

- **Anticoagulants:** High doses of Vitamin E can enhance the effects of anticoagulants, increasing the risk of bleeding.
- **Cholesterol-Lowering Medications:** Can affect absorption of Vitamin E, although the clinical significance is usually minimal.

Adverse effects

- **Common Side Effects:** Generally well-tolerated; minor gastrointestinal symptoms like nausea or diarrhea may occur.
- **High Doses:** Excessive intake may lead to bleeding disorders, especially in those on anticoagulant therapy, due to Vitamin E's antiplatelet effects.

Overdosage:

- **Bleeding Risks:** High doses of Vitamin E can interfere with blood clotting mechanisms, increasing the risk of bleeding, particularly in those on anticoagulant medications.
- **Gastrointestinal Distress:** Symptoms like nausea, diarrhea, or abdominal cramps may occur with excessive intake.
- **Fatigue and Weakness:** Extremely high doses may cause generalized weakness or fatigue.
- **Headache and Dizziness:** Excessive Vitamin E can cause headache or dizziness.
- **Prolonged High Doses:** Long-term use of very high doses may increase the risk of more severe complications, such as cardiovascular issues.

Management of Overdosage:

- **Discontinue Use:** Stop taking the capsules immediately.
- **Symptomatic Treatment:** Manage symptoms such as gastrointestinal distress or bleeding as needed.

- **Consult Healthcare Provider:** Seek medical advice for further management, especially if bleeding or other severe symptoms occur.

Route of Administration: Oral, do not chew or crush the capsule it should be swallowed whole with water.

Dosage: As directed by a physician.

Storage: Store in a cool, dry and dark place. Protect from direct sunlight and moisture.

Presentation: It is available as 10x10 Softgel capsules



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